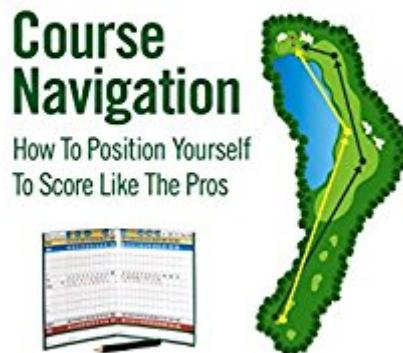


The book was found

Play Strategic Golf: Course Navigation: How To Position Yourself To Score Like The Pros



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Masters in Sport Psychology
2-Time World Long Drive Champion



Synopsis

If you want to score you need to learn to do what scorers do: get the ball in the hole in fewer strokes. Course Navigation will give you what's been missing from your golf game: a better way to play golf by using Tour-tested course management strategies and scoring techniques. This book is different because it will show you how to lower your score by understanding how to read a golf hole, how to identify opportunities, how to size up risks, and how to play the percentages to get the most out of your game. This is the antidote to the tips that don't help your golf game and to our excessive focus on fixing swing mechanics. Whether you are a 30-handicapper or a 3, the easy-to-learn and easy-to-use principles in Course Navigation can literally transform your game and put you in better positions to score, without having to make a single swing change. Filled with practical examples, illustrations and anecdotes Course Navigation will give you the solid strategic foundation every player needs for a consistent golf game. You'll see the course in a new way. You'll look at green complexes with new understanding. You'll recognize how features like bunkers, trees, water, mounds, swales, slopes, and rough are used to defend the hole against your attack, and you'll know how to handle them. You'll approach your shots and your strategy with more confidence. You'll learn:

- Why the strategy for your current shot should be to make the next shot easier, and how it makes your entire round more fun;
- How playing the hole backwards helps you identify the best angles, landing areas, and club selection to maximize your scoring opportunities;
- Which pins to attack, and when the middle of the green is the best option;
- How to identify the natural path of a hole, including the defenses and soft spots, so that you can always play from a position of strength;
- Why picking specific targets will help you select the right club more often and allow you to swing away with confidence;
- Strategy from a Hall of Fame baseball pitcher to deal with the toughest holes on the course.

The benefits of good course management are undisputed. This book will give you the tools and techniques you need to get started playing better, smarter golf. Course Navigation is exactly what you need to take advantage of the greatest weapon you bring to the course - your mind.

Book Information

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Customer Reviews

ok as far as it goes but it dos not go very far - don't take a club that puts the hazard within range and tee it up on the same side as the hazard - nothing you won't find in a general golf book - has lots of references to Eric's site and many of his other products. Not a waste of money but not great value.

Eric Jones writes a common sense, easy to follow book with guaranteed results (if you take his advice). I know because, after reading his concise suggestions with diagrams, I went out and put his expertise to use. I shot one of the best rounds I had all summer and, it was stress free as I was navigating the course and putting myself in a better position to score. If you're a golfer or want to take up the game, this is one book that should be in your library or golf bag.

Always heard TV announcers talking about "ideal landing areas" "short siding" and "staying patient"... never realized what all that meant until I read this book! Great explanations of hole design (from both the course architect AND player's point of views). Translated a hole's weaknesses and strengths and the best way to navigate them. I've not looked (or played) a golf course since then the same way. I now understand the way the hole was 'meant' to be played and what shots are needed. 2-3 stroke improvement alone with no other changes...Recommend for any and all golfers!

Author clearly explains the strategies. In addition, he gives simple tips like the fact that the pin

placement is often rotate red, white, blue and then repeating. Useful if course doesn't post pin placements each day.

Frankly very little substance here. Not worth the price and the hawking of other products of the author's was naked. I can truly say this book will not help my golf game in the least.

Good book. Good intruction.

I found a lot of very useful information here. Looking forward to trying these ideas out on the course. In hindsight, the information is so logical it is hard to believe some of it wasn't obvious. Of course, the fact that it wasn't obvious should tell you how valuable the information is. Full disclosure - I haven't tried out these ideas yet, but I can't see it doing anything but improve my scores.

Somewhat technical for average "hacker", but a good read, nonetheless.

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